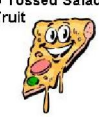





# Charleroi Area School District **May 2007**

MON	TUE	WED	THU	FRI	
<p><b>Milk Served Daily</b></p>	<p>1 <b>Breakfast:</b> Donut Twists <b>Lunch:</b> Chef Salad Or <b>Sweet &amp; Sour Chicken</b> Steamed Rice 1/2 Cup Broccoli 1/4 Cup Peaches</p> <p><i>Dirt Dessert</i></p>	<p>2 <b>Breakfast:</b> Pancakes &amp; Sausage With Applesauce <b>Lunch:</b> Pepperoni and Cheese Hoagie Or <b>Penne with Meat-sauce</b> <b>Whole Wheat Bread Stick</b> 1/2 Cup Vegetables 1/4 Cup Pears</p>	<p>3 <b>Breakfast:</b> Breakfast Pizza <b>Lunch:</b> Italian Hoagie Or <b>Turkey Rolls with bread stuffing</b> 1/2 Cup Whipped Potatoes 1/4 Cup Fruit Cranberry Sauce</p>	<p>4 <b>Breakfast:</b> Sausage Muffin <b>Lunch:</b> Flatbread Pizza Or <b>Tuna on Wheat</b> 1/2 Cup Tossed Salad Fresh Fruit</p> 	
	<p>7 <b>Breakfast:</b> Bagel &amp; Cr. Cheese <b>Lunch:</b> Italian Dunkers Or <b>Grilled Chicken Sandwich</b> 1/2 Cup Lettuce &amp; Tomato 1/4 Cup Pineapple Tidbits</p> <p>Happy Birthday May!</p>	<p>8 <b>Breakfast:</b> Hot Pockets <b>Lunch:</b> Taco Bar Or <b>Hot Dog</b> Baked Fries 1/2 Cup Corn 1/4 Cup Mandarin Oranges</p>	<p>9 <b>Breakfast:</b> Breakfast Strudel <b>Lunch:</b> Pizza Steak Or <b>BBQ Chicken Strips</b> <b>Hot Buttered Noodles</b> 1/2 Cup Tossed Salad 1/4 Cup Cinnamon Apples</p> <p><b>Peanut Butter Fudge</b></p>	<p>10 <b>Breakfast:</b> Country Breakfast <b>Lunch:</b> BBQ Rib Sandwich Or <b>Italian Chicken</b> Au Gratin Potatoes 1/2 Cup Green Beans 1/4 Cup Peaches</p>	<p>11 <b>Breakfast:</b> Cheese Pretzel <b>Lunch:</b> Macaroni &amp; Cheese Or <b>Fish Sticks</b> 1/2 Cup Fries 1/4 Cup Peas 1/4 Cup Pears</p>
	<p><b>Breakfast:</b> Super Donuts <b>Lunch:</b> Cheeseburger Or <b>Chicken Nuggets with Whole Wheat Bread</b> 1/2 Cup Coleslaw Fresh Fruit</p> <p><b>Birthday Cake</b></p>	<p>15  <b>Breakfast:</b> Bagelwich <b>Lunch:</b> Grilled Chicken Salad Or <b>Meatball Sub</b> 1/2 Cup Curly Fries 1/4 Cup Applesauce</p>	<p>16 <b>Breakfast:</b> Assorted Danish <b>Lunch:</b> Creamed Chicken over Biscuits Or <b>Pork BBQ</b> 1/2 Cup Corn 1/4 Cup Mandarin Oranges</p> 	<p>17 <b>Breakfast:</b> French Toast Sticks With Sliced Peaches <b>Lunch:</b> Manager's Choice Or <b>Baked Chicken Patty With Gravy</b> 1/2 Cup Whipped Potatoes 1/2 Cup Peas &amp; Carrots 1/4 Cup Fruit Cranberry Sauce</p>	<p>18 <b>Breakfast:</b> Funnel Cake <b>Lunch:</b> Assorted School Pizza Or <b>Ham &amp; Cheese Fold</b> 1/2 Cup Tossed Salad Fresh Fruit</p> 



By selecting items that are highlighted by bold lettering, you will be selecting healthier food choices. There items have been selected to meet state dietary guidelines which makes dietary fat less than or equal to 30% of your total calories.

Available daily as a Breakfast alternative:  
Cereal, Milk, and Juice  
Or  
Yogurt, Graham Crackers, Milk, and Juice



## Elementary Center Foodservice Menu